GRANOLA RECIPE



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Tip the granola onto two baking sheets and spread evenly. Bake for 15 mins, then mix in the coconut and dried fruit, and bake for 10-15 mins more. Remove and scrape onto a flat tray to cool. Serve with cold milk or yogurt. The granola can be stored in an airtight container for up to a month.

http://ebookslibrary.club/Good-for-you-granola-recipe-BBC-Good-Food.pdf

Granola Recipes Allrecipes com

This granola recipe is loaded with chocolate chips, coconut, and sunflower seeds and coated in honey and peanut butter for a sweet and crunchy snack or breakfast treat.

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Healthy Granola Recipe Cookie and Kate

This delicious healthy granola recipe is naturally sweetened with maple syrup (or honey). It s made with oats, coconut oil and your favorite nuts and fruit. Make it your own! Recipe yields about 8 cups granola, enough for about 16 half-cup servings.

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Easy Healthy Homemade Granola Recipe ElizabethRider com

Easy Healthy Homemade Granola Recipe. This basic recipe below makes about three cups of granola. Half a cup is typically a serving. Serve it as cereal with unsweetened, non-dairy milk (I prefer it with unsweetened almond milk), put it in unsweetened Greek yogurt, or just eat it plain.

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Basic Granola Recipe Chowhound

5 Place the baking sheet on a wire rack and cool the granola to room temperature, stirring occasionally, about 20 minutes. (Note: It will harden as it cools.) 6 Add the fruit and nuts or seeds to the baking sheet and toss to combine. Store the granola in an airtight container for up to 2 weeks.

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Granola Recipe Alton Brown Food Network

Homemade granola couldn't be easier with Alton Brown's recipe from Good Eats on Food Network. Maple syrup sweetens this healthy melange of oats and nuts.

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Healthy Granola Recipe healthy recipes Pinterest

Making your own healthy granola recipe allows you to control the sugar content and ingredients. Try our easy to follow healthy granola recipe maker.

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Granola selber machen EAT SMARTER

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